



# Texas COVID-19 Protocol

The following PAVC protocols will be followed in addition to any the facility rules.

Last updated: July 2021

## **Training session protocol:**

Upon Entrance:

- All non-vaccinated staff, players, and parents entering the facility must wear a mask for the duration of their time in the gym. Vaccinated persons may wear a mask as desired.
- Upon entrance, players will be greeted by a PAVC coach (please look for the coach wearing a PAVC shirt at the entrance).
- Player's temperature will be taken (must be below 99.9).
- Player will confirm that she has not had symptoms or has been living with anyone who tested positive for COVID-19 in the past ten days.
- Player will wash hands for at least 20 seconds or properly sanitize with hand sanitizer.
- IF parents are allowed to stay in the facility, they will be asked to social distance.

During practices and programs:

- Players must wear a face masks during all training sessions if they are not vaccinated. A medical excuse is the only exception for non-vaccinated players. They will be permitted to distance themselves and remove their mask as needed.
- Players are required to sanitize their hands each time they leave to court for water or to get anything out of their bag. Hand sanitizer will be located on the benches and/or with the coach.
- Players and coaches will sanitize as needed throughout the practice.
- Only ONE parent or guardian is currently not allowed to stay during training sessions without the permission of the director. Information regarding guests other than players will be shared via an information email to be sent out before each event. IF parents are permitted to stay, they MUST wear a mask if not vaccinated. This is a PAVC Policy. If you choose not to wear a mask, we will kindly ask you to exit the facility.

Before leaving:

- Non-vaccinated players will keep their face masks on until they have exited the facility.
- Players will collect all personal items and dispose of any trash.
- Players will sanitize or wash hands.

Equipment:

- Balls and other equipment are sanitized before and after each program.

*Please note that the protocols will be updated regularly as needed.*

### **COVID Symptoms & Quarantine Protocol**

- All Parents and players will make me and Cara aware if they are experiencing COVID symptoms in their household as soon as symptoms occur. This could be a parent, player, sibling, or live-in relative. This will allow for communication to begin early about the quarantining needs of said player AND their immediate team & coach as needed.
- All parents and players will make me and Cara aware if they were exposed to anyone outside of the household that has tested positive for COVID or if they were within 6 feet of someone experiencing COVID symptoms for more than 15 minutes.
- If COVID symptoms occur and the player has been at a tournament, PAVC practice, or PAVC clinic/event within the past 48 hours of the symptoms onset they **MUST** get a Rapid COVID test within 24 hours of onset. This allows PAVC to make other families aware AND prepare for missed practices and/or tournaments. However, when we are made aware of a positive COVID test late, preparation for all the previously mentioned things does not come as timely and puts undue stress on myself, the coaches, and other parents. Therefore, it is imperative that you are both honest and timely with your communication.
- A Player must quarantine for 7 days beginning the day of exposure IF they show no symptoms and provide me or Cara Martin with a negative COVID test that was taken on Day 6 of the quarantine.
- A Player must quarantine for 10 days beginning on the day of exposure IF they show no symptoms but choose not to get a COVID test.
- A player must quarantine for 14 days from the onset of symptoms with a positive COVID test. We do ask that your daughter be symptom free in order to return back to the gym. She should also have a negative test result.

***PAVC is staffing additional personnel at each event to ensure all these protocols are followed. We want to keep your daughters and our staff members safe and healthy. Please ensure your daughter stays at home if she has shown any virus symptoms in the past 72 hours, is immune compromised, and/or lives with someone who is high risk.***

*Please note that the protocols will be updated regularly as needed.*