

Precision Athletics Volleyball Club

Recruiting Overview

2021/2022

So, you want to be a collegiate athlete? It takes work! And by work we mean on the court *and* off the court.

You need to look within yourself and decide what is really important to you and where you can see yourself reaching your full potential. Ask yourself some of the following questions: Does the school offer not only my athletic, but my academic interests? How competitive is the athletic program? Would I attend this school even if I was not an athlete?

At Precision Athletics Volleyball Club we work hard to help players find their next step in their volleyball career. We hold our players accountable to what college recruits are looking for in an athlete and push all coaches to aid in this process.



This slideshow along with the recruiting handbook that you have received will be resources for you and your family to begin your journey of becoming a student-athlete at the next level. We are 100% committed to you and your success. In return, we ask that you fully embrace this process and do your part to ensure that you are choosing the right path for your future!

Sincerely,
Your PAVC Family

How We Make Your Process Possible

- ▶ PAVC provides one-on-one recruiting consultation as a part of your club fees. This meeting covers the entire recruiting process, how to navigate different recruiting platforms, communication with coaches, working through your options and needs, and answering all questions you have about the recruiting process. All you need to do is schedule a meeting with our Recruiting Director, Megan Baranko.
- ▶ Footage:
 - ▶ Each player from our 15U-18U age group is given one skills tape per season as a part of their club fees.
 - ▶ Our 17U/18U age groups also receive 2 highlight tapes per player throughout their season.
- ▶ Recruiting Profiles:
 - ▶ Each 15U-18U Semi-National & National Team gets a SportsRecruits profile as a part of their club fees.
 - ▶ ALL 15U-18U players who are interested in playing collegiate volleyball are encouraged to create a FREE [FieldLevel Profile](#).
- ▶ We take the time to evaluate and give accurate projections based on each player's desires and skill to assist in finding the best possible fit for each of our athletes.

The Process: Freshman Year

- ▶ Your first year as a prospective college athlete begins your first year of high school. Your focus should be on the following:
 - ▶ Growing your skills as a player
 - ▶ Choosing the best club volleyball program for your growth
 - ▶ Adjusting to high school and being studious
- ▶ FYI: not playing high school ball is not a “deal breaker” for playing in college.
 - ▶ College coaches are interested in seeing you play at the club level because there is a larger range and intensity in competition.

The Process: Sophomore Year

- ▶ More coaches will be reaching out and really tracking your progress this year
- ▶ Use your resources to find out more about schools
 - ▶ Former collegiate athletes
 - ▶ Current coaches
 - ▶ Internet sources
- ▶ Be realistic in your searches

First Recruiting Steps As a Freshman/Sophomore

1. FOCUS ON YOUR ACADEMICS!
2. Registrations
 - ▶ University Athlete
 - ▶ NCAA Eligibility Center
3. Make a list of schools that you could be interested in
4. Introductory Email
5. Communicating
6. Summer Camps

Creating Your List of Schools

- ▶ Aim for at least 75 options
 - ▶ This will narrow down as your search progresses
- ▶ THINK about these answers :
 - ▶ How far away from home do I want to be?
 - ▶ What size school do I want to attend?
 - ▶ What do I want to major in?
 - ▶ What level do I want to play?
 - ▶ What traits would I like this school to have outside of volleyball?

Your Email

- ▶ Name
- ▶ Graduation Year
- ▶ Position
- ▶ Club/Team
- ▶ Footage
- ▶ Tournament Schedule
- ▶ Contact Information (Coaches, etc.)
- ▶ Why you are interested
 - ▶ Personalize it!

More About Communicating

- ▶ Have you received an email from a college?
 - ▶ Colleges can email and/or write you one time and send a questionnaire and camp info.
 - ▶ Colleges can contact through your coach or Recruiting Director.
 - ▶ Coaches cannot directly contact you
 - ▶ You can reach out to them
 - ▶ You and your parents may not talk to a coach in person at any time!
 - ▶ PAVC athletes are expected to reply to colleges promptly (24-48 hr).

Camps

- ▶ Attend camps of programs that you have been in contact with
 - ▶ Schools that have clearly shown interest
 - ▶ Schools that are at the top of your list
- ▶ Find camps with a good ratio of campers to coaches
- ▶ Find quality camps that will improve your skills as well as continue the interest of the college

The Process: Junior Year

- ▶ This year will be the bulk of your recruiting process
- ▶ Academics:
 - ▶ Prepare and take the SAT/ACT
 - ▶ Keep your GPA strong
 - ▶ Speak to your school advisors about scholarship opportunities
- ▶ Athletics:
 - ▶ Make sure you have NCAA Eligibility (D1 & D2)
 - ▶ Have your most up-to-date highlight tape sent out to the schools that you are interested in
- ▶ Make some unofficial visits.
 - ▶ Interested coaches will reach out to you to check out the campus, the team, a match
 - ▶ Get an idea of what life is like on campus as a student-athlete.
 - ▶ Take an academic admissions tour
- ▶ Start narrowing down your options

The Process: Senior Year

- ▶ Finally! Your hard work pays off!
- ▶ Make an official visit to a school that you are highly interested in or continue making unofficial visits as you are limited to OFFICIAL visits.
- ▶ Make your final decision
 - ▶ Submit all necessary paperwork (financial aid, test scores and transcripts, etc.)
 - ▶ Begin preparing for life as a collegiate athlete
 - ▶ Ask your coach for any summer workouts
 - ▶ Ask future teammates for advice
- ▶ If you are just now starting the recruiting process:
 - ▶ Have a solid highlight tape with all of your athletic and academic information
 - ▶ Explore walk-on or club options

Scholarship Breakdown by Division

- ▶ Each classification of college volleyball has unique scholarship levels:
 - ▶ Division I funds 12 scholarships (if a school fully funds the program) and only 12 players can be on scholarship (this is why Division I volleyball is called a Head Count sport);
 - ▶ Division II can fund 8 scholarships if the school chooses, but any number of players can be on some type of scholarship, provided the total scholarships equal 8 (this is called an Equivalency sport);
 - ▶ Division III schools only provide academic scholarships for players;
 - ▶ NAIA can typically fund 8 scholarships;
 - ▶ Junior Colleges are funded at the discretion of the school - each school decides at what level to allocate scholarships - usually if a program is traditionally successful, then they have a large number of scholarships.

Recruiting Key Terms

- ▶ **Contact Period:** During this time, a college coach may have in person contact with you and/or your parents on or off the college's campus. The coach may also watch you play or visit your high school. You and your parents may visit a college campus and the coach may write and telephone you during this period.
- ▶ **Dead Period:** A college coach may not have any in-person contact with you or your parents on or off campus at any time during a dead period. The coach may write and telephone you or your parents during this time.
- ▶ **Evaluation Period:** During this time a college coach may watch you play or visit your high school, but cannot have any in-person conversations with you or your parents of the college's campus. You and your parents can visit a college campus during this period. A coach may write and telephone you or your parents during this time.
- ▶ **Official Visit:** Any visits to a college campus by you and/or your parents paid for by the college. The college may pay all or some of the following expenses: • Your transportation to and from the college • Room and Meals • Reasonable entertainment expenses including complimentary admissions to a home athletics contest. Before your official visit, you will have to provide the college with a copy of your high school transcript and SAT/ACT scores and register with the eligibility center.
- ▶ **Quiet Period:** During this time, a college coach may not have any in-person contact with you or your parents off the college's campus. The coach may not watch you play or visit your high school during this time. You and your parents may visit a college campus during this time. A coach may write or telephone you or your parents during this time.
- ▶ **Unofficial Visit:** Any visit by you and your parents to a college campus paid for by you or your parents. The only expense you may receive from the college is three complimentary admissions to a home athletic contest. You may make as many unofficial visits as you like and make take those visits at any time. The only time you cannot talk with a coach during an unofficial visit is during a dead period.
- ▶ **Verbal Commitment:** A college bound student-athlete's commitment to a school before she signs (or is able to sign) a National Letter of Intent. She can announce a verbal commitment at any time. While verbal commitments have become very popular for both college bound students and coaches, this "commitment" is not binding on either the student athlete or institution. Only the signing of the National Letter of Intent accompanied by financial aid agreement is binding on both parties.
- ▶ **National Letter of Intent:** A voluntary program administered by the eligibility center. By signing an NLI, the student athlete agrees to attend the institution for one academic year. In exchange, that institution must provide athletics financial aid for one academic year. Restrictions are contained within the NLI so read them carefully. If you have questions visit www.national-letter.org

Tips from a Former Student-Athlete

- ▶ Be proactive! Your coaches and parents will not be attending college with you, so the sooner you begin marketing yourself and showing that YOU are truly interested in a school, the better.
- ▶ Don't count anything out until you do some research. The separation of volleyball divisions are unique compared to some other college sports. You have your big well-known DI programs (Penn State, Texas, Nebraska, Stanford, etc.), then you have a HUGE pool of extremely competitive schools from DI, DII, DIII, NAIA, and NJCAA levels alike.
- ▶ Take school seriously. You may have some amazing talent on the court, but you need to show college coaches that you have some time management skills as well. They don't want a player who is constantly missing opportunities to play because she cannot keep up in the classroom.
- ▶ Take advantage of every opportunity you have to get better as a volleyball player. You have been blessed with the privilege of playing club volleyball and being supported by parents, guardians, and coaches who see your potential. Stay focused on your craft and make use of the time that you have to train and prepare for the next level. Start asking about strength and conditioning training now instead of being shocked by your first college workout.
- ▶ Your overall health is important. Mentally, physically, emotionally, etc. Don't burn yourself out and take some time for yourself to relax.
- ▶ Go with your gut. Once you have a visit and see what the campus life is like, you will know when you find your future home. Be sure to communicate with players on your visits because at the end of the day, they will be your family for the next four years.

Useful Links

- ▶ [University Athlete](#)
- ▶ [FieldLevel](#)
- ▶ [NCAA Eligibility Center](#)
- ▶ [NCAA Guide for the College-Bound Student Athlete](#)
- ▶ [NAIA Guide for the College-Bound Student Athlete](#)
- ▶ [Recruiting 101 by SportsRecruits](#)
- ▶ [Federal Student Aid](#)
- ▶ [About Collegiate Club Volleyball](#)
- ▶ [Social Media Tips](#)
- ▶ [NCSA Recruiting Tips](#)
- ▶ [What Not to Say to a College Coach](#)
- ▶ [How to Email College Coaches](#)
- ▶ [Tips for Emailing a College Coach](#)
- ▶ [College Recruiting Phone Etiquette](#)
- ▶ [Questions to Ask Coaches](#)
- ▶ [Recruiting Email Template](#)